



EDUCATA

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Interprofessional Fall Risk Management:

We > Me

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Note to Participants: There are interactive pop-up questions throughout this lecture. If you choose to pause the lecture and return at a later time, a natural break time would be after answering the interactive questions. (You are able to pause at any time and the presentation will "remember" where you were. It's just a more natural time to pause after the interactive questions.) For your convenience, this outline reflects where/when within the lecture the interactive questions occur.

This lecture is 153 slides and 165 minutes in duration.

- I. Introduction to interprofessional collaborative practice
 - A. What is it?
 - B. Competency domains
 - C. Mechanisms to advance such practice effectively
 - D. The benefits of such practice

Interactive Questions – slide 11 @ 8 minutes

- II. Shared knowledge about older adult falls
 - A. How big is the problem: Data on older adult falls
 - 1. Frequency
 - 2. Cost
 - 3. Hip fractures
 - 4. Fall injury episodes
 - B. What should the rehab team know about fall risk?
 - 1. The definition of a fall
 - 2. Health and age-related conditions that affect balance and postural control
 - 3. Fall risk factors
 - a. Intrinsic
 - b. Extrinsic
 - 4. How medications affect fall risk

Interactive Questions – slide 36 @ 38 minutes

- 5. Evaluating fall risk
 - a. STEADI toolkit from the CDC
 - b. Strength and balance tests
- 6. Talking to patients about fall risk

Interactive Questions – slide 60 @ 62 minutes

- III. Interprofessional contributions to fall risk reduction
 - A. OT: Presented by Mary Thelander Hill
 - 1. History of the profession
 - 2. Using relevant portions of the Stay Independent checklist and strategies to address specific risk

Notes

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3. OT strategies for fall prevention
 4. OT home modifications
 5. Screening for depression
 6. OT glossary of important terminology
 7. Resources

Notes

Interactive Questions – slide 91 @ 93 minutes

- B. SLP: Presented by Margie Murdi
 1. History of the profession
 2. Relevant SLP terminology
 - a. Normal cognitive skills
 - b. Executive functioning skills
 - c. Mild cognitive impairment
 - d. Dementia
 3. The relationship between cognitive impairment and fall risk
 4. Screening for cognitive dysfunction and depression
 5. Using relevant portions of the Stay Independent checklist and strategies to address specific risk

Interactive Questions – slide 115 @ 121 minutes

- C. PT: Presented by Janet Popp
 1. Vision and history of the profession
 2. APTA Clinical Guidance Statement
 - a. Screening for falls
 - b. Assessment
 - c. Intervention
 3. Assessments for
 - a. Gait and balance
 - b. Vestibular function
 4. An overview of PT clinical decision-making
 5. Glossary of PT terms
 6. Using relevant portions of the Stay Independent checklist and strategies to address specific risk

Interactive Questions – slide 133 @ 146 minutes

IV. Case study from the STEADI toolkit

Interactive Questions – slide 145 @ 159 minutes

V. Resources and summary
