

Cervical Spine Mechanical Disorders: Diagnosis & Physical Therapy Management Part II: Current Evidence for the Use of Manual Physical Therapy in Neck Disorders

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Note to Participants: There are interactive pop-up questions throughout this lecture. If you choose to pause the lecture and return at a later time, a natural break time would be after answering the interactive questions. (You are able to pause at any time and the presentation will "remember" where you were. It's just a more natural time to pause after the interactive questions.) For your convenience, this outline reflects where/when within the lecture the interactive questions occur.

This lecture has 107 slides and is 95 minutes in duration.

- I. Evidence for manual therapy of neck disorders
 - A. Hierarchy of evidence for treatment
 - B. Summary statements from clinical practice guidelines
- II. Review of specific clinical trials
 - A. Bronfort
 - B. Evans
 - C. Hoving

Interactive Questions – slide 22 @ 22 minutes

- D. Walker
- III. Cost-effectiveness
 - A. Practical considerations
 - B. Marketing considerations
- IV. Clinical practice guidelines: *JOSPT*

Interactive Questions – slide 38 @ 36 minutes

- V. Thoracic spine manipulation in the management of neck disorders
 - A. Clinical trials
 - B. Clinical prediction rules and attempts to further refine the treatment

Interactive Questions – slide 75 @ 67 minutes

- VI. Does the velocity of the technique matter?
 - A. Mobilization
 - B. Manipulation
 - C. Possible mechanisms
- VII. Thoracic spine manipulation in cervical radiculopathy: integration into practice

Interactive Questions – slide 100 @ 89 minutes

Notes

Bibliography

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