Note to Participants: There are interactive pop-up questions throughout this lecture. If you choose to pause the lecture and return at a later time, a natural break time would be after answering the interactive questions. (You are able to pause at any time and the presentation will “remember” where you were. It’s just a more natural time to pause after the interactive questions.) For your convenience, this outline reflects where/when within the lecture the interactive questions occur.

This lecture has 109 slides and is 94 minutes in duration.

<table>
<thead>
<tr>
<th>I. Case Presentation</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>II. Timed Up and Go Test (TUG)</td>
<td></td>
</tr>
<tr>
<td>A. Purpose and background</td>
<td></td>
</tr>
<tr>
<td>B. Procedure (movie)</td>
<td></td>
</tr>
<tr>
<td>C. Clinimetric properties</td>
<td></td>
</tr>
<tr>
<td>D. Interpretation of test scores</td>
<td></td>
</tr>
<tr>
<td>E. Impairments related to the TUG</td>
<td></td>
</tr>
<tr>
<td>F. Strengths and weaknesses</td>
<td></td>
</tr>
<tr>
<td>G. Movie</td>
<td></td>
</tr>
</tbody>
</table>

Interactive Questions – slide 30 @ 33 minutes

III. Timed Walk Tests

A. 6 Minute Walk Test (6MWT)
   1. Purpose and background
   2. Procedure
   3. Clinimetric properties
   4. Physiological response of exercise including RPE
   5. Interpretation of scores

Interactive Questions – slide 41 @ 39 minutes

Interactive Questions – slide 50 @ 45 minutes

B. 2 and 3 Minute Walk Tests
   1. Indications
   2. Procedures
   3. Interpretation of scores

C. 400 Meter Walk Test
   1. Purpose
   2. Procedures
   3. Clinimetric properties
   4. Interpretation of scores

D. Impairments related to timed walk tests
E. Strengths and Weaknesses
F. Case

Interactive Questions – slide 56 @ 51 minutes

IV. Gait Speed
   A. Purpose and background
   B. Procedure
   C. Clinimetric properties
   D. Interpretation of scores
   E. Impairments related to gait speed
   F. Strengths and weaknesses
   G. Case

Interactive Questions – slide 69 @ 61 minutes
Interactive Questions – slide 83 @ 70 minutes
Interactive Questions – slide 86 @ 72 minutes

V. Stair Climbing Test
   A. Purpose and background
   B. Procedure
   C. Clinimetric properties
   D. Interpretation of scores
   E. Impairments related to stair climbing
   F. Strengths and weaknesses
   G. Case

Interactive Questions – slide 96 @ 80 minutes

VI. Floor Rise Test
   A. Purpose and background
   B. Procedure (movie)
   C. Clinimetric properties
   D. Interpretation of scores
   E. Impairments related to floor rise test
   F. Strengths and weaknesses

VII. Summary of Case

VIII. Documentation
   A. Objective
   B. Communicating to the referral source
   C. Guidelines
Bibliography


