



Documentation Essentials

Writing a Successful HEP and Restorative NP

EDUCATA

Your Online Continuing Education Resource

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Note to Participants: There are interactive pop-up questions throughout this lecture. If you choose to pause the lecture and return at a later time, a natural break time would be after answering the interactive questions. (You are able to pause at any time and the presentation will “remember” where you were. It’s just a more natural time to pause after the interactive questions.) For your convenience, this outline reflects where/when within the lecture the interactive questions occur.

This lecture has 54 slides and is 48 minutes in duration.

I. Essentials of RNPs

- A. Ensuring coverage of RNPs
- B. Medicare B requirements
- C. Therapy plans
- D. Course of treatment
- E. Maintenance programs
- F. Programs with no treatment indicated
- G. Situations for evaluation and no treatment
- H. Programs needed for safety

Notes

Interactive Question—slide 27 @ 20 minutes

II. Exercise programs

- A. Documentation essentials
- B. Documentation pitfalls to avoid
 - 1. HEP per plan of care.
 - 2. Patient performed HEP.
 - 3. Reviewed HEP.
 - 4. See previous entry for HEP.
- C. Restorative Nursing Programs
- D. Qualifying programs under Part A
 - 1. Passive and/or active ROM
 - 2. Splint or brace assistance
 - 3. Bed mobility and/or walking training
 - 4. Transfer training
 - 5. Dressing or grooming training
 - 6. Eating or swallowing training
 - 7. Amputation/prosthesis care
 - 8. Communication training
- E. RAI - MDS 3.0 Guidelines
- F. Role of therapy
 - 1. Passive and/or active ROM
 - 2. Splint or brace assistance
 - 3. Bed mobility and/or walking training

4. Transfer training
 5. Dressing or grooming training
 6. Eating or swallowing training
 7. Amputation/prosthesis care
 8. Communication training
- G. Elements of a thorough restorative recommendation

Interactive Question—slide 38 @ 29 minutes

- III. Developing an RN training program
- A. Nursing home quality measures
 - B. What should an RN aide training program look like?
 1. Principles of range of motion exercises
 2. Mobility
 3. Progressive eating/restorative dining
 4. Observation skills
 - C. Why do things go wrong in an RN Program?
 - D. RNP assessment and program design tool
 1. Special concerns
 2. Problems/goals/approaches
 3. Cognition
 4. Motivation
 5. Sensory challenges
 6. Positioning
 7. Required set-up/adaptive equipment

Interactive Questions — slide 50 @ 43 minutes

- IV. Resources