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Pelvic Floor Therapy for the Oncology Patient

Why Every Patient Treated for Cancer Should See a Pelvic Floor Physical Therapist

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Note to Participants: There are interactive pop-up questions throughout this lecture. If you choose to pause the lecture and return at a later time, a natural break time would be after answering the interactive questions. (You are able to pause at any time and the presentation will "remember" where you were. It's just a more natural time to pause after the interactive questions.) For your convenience, this outline reflects where/when within the lecture the interactive questions occur.

This lecture is 77 slides and 114 minutes in duration.

- I. What does a pelvic floor therapist treat?
 - A. The anatomy of the pelvic floor
 - B. Common misconceptions
 - C. Diagnoses commonly treated by pelvic floor PTs
 - D. Treatment techniques used by pelvic floor PTs

Interactive Questions – slide 14 @ 19 minutes

- II. Pelvic floor therapy after cancer
 - A. After gynecological cancer
 - 1. Common side effects
 - 2. Physical therapy treatment
 - 3. Vaginal dilators
 - 4. Research
 - 5. Questions about treatment
 - B. After prostate cancer
 - 1. Prostate cancer surgery
 - 2. Post-op complications
 - 3. Research
 - 4. Treatment of complications
 - a. Urinary incontinence
 - b. Sexual dysfunction
 - 5. Questions about treatment

Interactive Questions – slide 42 @ 68 minutes

- C. After colorectal cancer
 - 1. Common complications
 - 2. Physical therapy treatment of
 - a. Abdominal pain
 - b. Fecal incontinence
 - c. Sexual dysfunction
 - d. Pelvic pain
 - 3. Research

Interactive Questions – slide 54 @ 87 minutes

Notes

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- D. After lung cancer
 - 1. Complications after surgery
 - 2. Physical therapy treatment
 - E. After neurologic cancers
 - 1. Common complications
 - 2. Physical therapy treatment
 - a. Neurogenic bladder
 - b. Urinary retention
 - c. Urinary/fecal incontinence
 - d. Poor bowel habits

Notes

Interactive Questions – slide 68 @ 101 minutes

- IV. Conclusion
 - A. Functional outcomes measurement
 - B. Summary

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